Dreaming Out Loud’s AyaUplift Program is a six-month intensive skills training and personal development program for DC residents with low incomes who live in public housing and/or receive public assistance. Anchored in the food system, the AyaUplift program uses DOL’s Community Markets in Wards 7 and 8, our Organic Garden at the SW Arts Club, and the Farm at Kelly Miller as training sites that introduce program participants to a healthy food culture while also giving them transferable employment skills and fair wages.

Local resident participation in the AyaUplift program will result in:

- Family supporting wages
- Improved community efficacy
- Violence prevention
- Measurable educational advancement

The program runs from May - October every year.